

REFLECTIVE THINKING SCALE (RTS)

Reflective writing template example

Looking at the Workplace Capability Framework's Domain 5.3 for the Practitioner's role and from a team perspective, we will use the RTS to reflect on how we connect to purpose. This domain invites the practitioner to think about the following:

- > Passion, optimism, and proactiveness
- > Values and strategic goals aligning with those of the organisation
- > Deep listening and learning from others
- > Generosity towards others
- > Sharing and celebrating wins with others
- > Maintaining enthusiasm and motivation.

On a scale of between one and five, with one being when things are at their best and five being at their worst, where are things for us, today?

Our overall enthusiasm and motivation for the work.				
1	2	3	4	5
Reflections for this rating:				

Our passion and optimism for supporting others?				
1	2	3	4	5
Reflections for this rating:				

Managing tensions between our values and beliefs and the realities of working in this space?				
1	2	3	4	5
Reflections for this rating:				

Listening deeply and learning from each other and the people we support?				
1	2	3	4	5
Reflections for this rating:				

Our generosity towards each other?				
1	2	3	4	5
Reflections for this rating:				

Noticing and celebrating the wins, no matter how small they might be.				
1	2	3	4	5
Reflections for this rating:				