

HEAD, HEART, HAND

Reflective writing template example

Looking at The Framework's Domain 2.3 for Allied Support, we will use the Head, Heart, Hand approach to think about how we promote culturally safe and appropriate practices that are informed by Aboriginal and Torres Strait Islander people. This domain invites us to think about the following:

- > An awareness of the ongoing impacts of colonisation
- > Acknowledgement of the importance of connection to culture, Country, and community
- > Valuing and respecting difference
- > Cultural sensitivity
- > Striving to provide culturally and safe services
- > Recognising cultural bias and privilege.

Head:
Hand:
Heart:

Possible question prompts

HEAD

What do we know about:

- > The ongoing impacts of colonisation?
- > The importance of connection to culture, Country and community?
- > Valuing and respecting difference?
- > Cultural sensitivity?
- > Providing culturally safe service?
- > What we recognise in our own cultural bias and privilege?



HEART

What is our passion and how do we feel, value, and believe about:

- > The ongoing impacts of colonisation?
- > The importance of connection to culture, Country and community?
- > Valuing and respecting difference?
- > Cultural sensitivity?
- > Providing culturally safe service?
- > Our own cultural bias and privilege?



HAND

What actions will be planned?

How will we create best practice and professionalism for:

- > The ongoing impacts of colonisation?
- > The importance of connection to culture, Country and community?
- > Valuing and respecting difference?
- > Cultural sensitivity?
- > Providing culturally safe service?
- > What we recognise in our own cultural bias and privilege?

