

FEMINIST PRACTICE REFLECTION

Reflective writing template example

Looking at The Framework's Domain 1.1 for the Advanced Practitioner, we will use Feminist Practice Reflection to think about how we understand the gendered, historical context, and intersectional aspects of our work. This domain invites the advanced practitioner to think about the following:

- > Gendered and racial drivers of violence
- > Intersectionality and the intersects of DFV
- > Awareness and challenges of power dynamics
- > The nature and impacts of coercive control
- > Sexual violence
- > The cumulative and compounding nature of trauma.

The personal is the political:
The professional is the political:
The personal is the professional:

Possible question prompts

THE PERSONAL IS THE POLITICAL

We are impacted by the systems we are raised in.

- > What is happening politically and how is it impacting us personally as we are doing this work?
- > How are we taking responsibility for how political and social systems are impacting us as we do this work?
- > How are we asking for what we need while impacted by political and social systems?
- > How are we placing the people we support at the centre as we are being impacted by political and social systems?
- > What are the gendered and racial drivers of violence and how is it impacting us personally as we are doing this work?
- > Consider the current stigma around openly using feminist practice in your work. Do you feel comfortable using feminist concepts or are you worried about judgement?
- > What are the intersectionalities in our work and how is it impacting us personally as we are doing this work?
- > What do we understand about the intersects with DFV and how it this impacting us personally as we are doing this work?
- > What are the power dynamics challenges in our work and how does this impact us personally as we are doing this work?
- > What are the impacts of coercive control in our work and how is it impacting us personally as we are doing this work?
- > How is sexual violence present in our work and how does this impact us as we are doing this work?

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Possible question prompts continued

THE PROFESSIONAL IS THE POLITICAL

We are impacted by the systems we are raised in.

- > How is this work impacting us?
- > How are we taking responsibility for how the work is impacting us?
- > How are we asking for what we need while doing this work?
- > How are we placing the people we support at the centre as we are being impacted by the work?
- > How is trauma present in our work and what do we need to support us while doing this work?

THE PERSONAL IS THE PROFESSIONAL

Our personal beliefs, values and ethics influence our work, and our work impacts us.

- > How is our personal life impacting us while doing this work?
- > How are we taking responsibility for the impact of what is happening personally while doing this work?
- > How are we asking for what we need while being impacted by what is happening personally?
- > How are we placing the people we support at the centre as we are being impacted by personal events?