

Tool 1:

Evidence-based practice reflective questions for services

This resource will help you, as a practitioner or a leader of practitioners, to reflect on and understand your evidence informed practice, your strengths and opportunities to improve.

Other resources in this series include:

- [What is evidence implementation?](#)
- [What is evidence-informed practice?](#)
- [Evidence-based practice reflective questions for services](#)

In Queensland, the *Domestic and family violence services: Practice principles, standards and guidance* (Department of Child Safety, Youth and Women, 2020) have been developed to guide practice for all Domestic and Family Violence funded services. Practice principle 3 – “services are evidence-informed” – sets the standard for this work. Services are asked to ensure staff are informed on current frameworks and best practice, understand

the meaning of evidence-based practice and maintain currency through learning and development opportunities.

The questions in this tool are aligned with the practice principles and are intended to provoke discussion and information-sharing among teams. Working through them may help you identify your strengths and opportunities for improvement.



Questions that establish shared understanding



Questions that support knowledge sharing



Questions that bring to the surface any issues



Leadership question

How can WorkUP help?

Did you know that WorkUP is funded to support services to enhance their evidence-based practice? If you have an idea or a project you would like support with, we have resources that can help.

[Contact us here.](#)

Reflective questions

SECTION ONE:

What do we know about what we are doing now?



Can you name the theories, frameworks and research that inform your practice? What about for your colleagues?



Where did you learn the theories, frameworks and research that inform your practice? Through formal study? From your colleagues? Professional development through your workplace?



Do you have all the skills and knowledge you need to successfully support the people you work with?



Leadership question:

What do you know about the evidence types, theories and frameworks your team draws on to inform their work? Can you list them? Can you describe them?

SECTION TWO:

How do we keep up to date?

ALIGNS WITH STANDARD 3.1.1:

Staff stay informed on current theoretical frameworks and contemporary best practice interventions and incorporate these into their responses and practice.



What does “contemporary best practice” mean for you?



Do you stay up to date with new research? How?



When you learn about a new practice or approach is it easy to incorporate into practice? What helps? What gets in the way?



Leadership question:

Have you tried to implement new evidence-informed practice? How did that go?

Reflective questions

SECTION THREE:

Evidence-based practice

ALIGNS WITH STANDARD 3.1.2:

Staff understand the meaning of evidence-based practice and develop skills in engaging with evidence and applying it to their daily practice.



What is evidence-based practice?



How do you learn about new practices and approaches? How do you keep up to date with new and emerging research?



Does using evidence improve your practice? Does it help the people you work with? Why? Why not?



Leadership question:

How do you support teams to develop skills to engage with and use evidence?

SECTION FOUR:

Professional development

ALIGNS WITH STANDARD 3.1.3:

Staff access learning and development opportunities to ensure continuous professional development and to maintain currency, competency and confidence in their role in working with adult and child victims, and in working with perpetrators.



What learning and development opportunities can you access?



Is there any training you think everyone on your team should do?



Is professional development really necessary for experienced workers?



Leadership question:

Are your current approaches to professional development achieving the outcomes you are seeking?