

PATHWAYS INTO OUR SECTOR

Growing the domestic and family violence, sexual assault, women's health and wellbeing workforce.

Using a film lens to shine light on women's health and wellbeing.

Gloria Jones

Wellbeing Practitioner and Trauma Counsellor,
Women's Health and Wellbeing Service
Diploma of Child Youth and Family Intervention,
Diploma of Counselling,
Advanced Diploma in Art Therapy

"My advertising and film career allowed me to express myself creatively and, at the time, I was studying an Advanced Diploma in Art Therapy," Gloria said.

This led to her involvement in a DFV arts project, a placement in a DV shelter and a job as a support worker at the centre.

"Interestingly, I feel I'm now using my creativity in a healing space rather than a selling space," Gloria said.

A year later, Gloria advanced to a Case Management and Court Support Officer role with the same service and continued working at the service for six years.

"My role evolved to include group facilitation and crisis counselling."

Gloria undertook additional studies to boost her skills and knowledge,

including a Diploma of Child Youth and Family Intervention with a specialist focus on social housing and a Diploma in Counselling. She also completed training in Sand Play Therapy and commenced a Bachelor of Social Science.

"I feel I'm now using my creativity in a healing space rather than a selling space."

Gloria then worked as a Case Manager and Crisis Counsellor with the high risk team in a domestic and family violence service. She moved to project management and counsellor roles in a mental health service. She relocated to Queensland and is now working at a women's health and

wellbeing service as a Wellbeing Practitioner and Trauma Counsellor.

Gloria supports women impacted by trauma through domestic and family violence and sexual assault and other traumatic situations. Her role includes intake duties, as well as short term and long term trauma counselling.

"My advice to those considering a career in this sector is to be aware of your own trauma, seek specialist supervision often, practice self-care and look at all openings as learning opportunities," she said.

Gloria has been working in the domestic and family violence sector for 14 years.

"My biggest reward is seeing the strength of women as they re-emerge through such adversities."

For more information visit:
workupqld.org.au/resource-hub



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